

The Road to Kindness

By: Hafsa Elmi

Kindness is about giving hope to someone who thinks that they are alone in this world, not only that it is about making the world a better place. Here are some examples of kindness . Helping your mom take out the trash or holding a door for a stranger. “But can everyone do that?” You may ask. Yes, little things like that can show kindness. Donating clothes, donating money or starting a business that helps people are some BIG examples of showing kindness. Everyone can show kindness even if you are a kid who is still developing or an adult who already did you can show kindness anywhere, anytime. So why keep those kind words in your head when you can say it out loud and change someone’s day! When you are kind you see the best in others when they don't see it in themselves. And remember everyone has kindness in them, some just don't spread it. So, what do you think kindness means to you?

I have watched a few videos about kindness and I want to talk about the theme of each video. Kid President was talking about kindness and here’s what he said, “Kindness starts with you.” Yes, that is true kindness does start with you but it matters if you want to spread it. The video also talks about **SOCKTOBER**, something you probably never heard about so let me tell you. It is when people donate socks to charities across the world in October and now it is WORLDWIDE! The next video is about a kid named Orion Jean and he won what we are trying to win right now. He is talking about ways you can spread kindness like giving a letter to your neighbor saying thank you or you can give money to the homeless. There are many ways you can spread kindness BIG or small. The last video was a book and it was talking about how not to spread kindness like making fun of your friend for wearing glasses because you were in a bad mood, but it also talks about how to fix this problem like saying sorry, giving a note, (NOT IN CLASS) or giving them their favorite snack! In the next two paragraphs I will give you some examples and try to do it. Who knows maybe I will do it?

Here are some things that I will do to spread kindness in the future. Tomorrow we plan on having a culture party and all the parents will come. Well I hope you might be saying “How will you put a smile on their face?” Well I will compliment them and greet them when they come in. **Ramadan** (see glossary below) is coming up and I plan on paying **Zakat** if you don't know what that is then continue reading to find out. I also plan on giving people money on **Eid**. Because I don't want people to be sad on this special day and hope that they have a great Eid. There are many ways to spread kindness and yes some are even smaller than mine. Just don't stop spreading kindness and don't give up because you never know how much you affected that person and how much they will give in return.

A promise is a promise and I actually did some of the things I told myself to do. The culture party did happen and it was so much fun but besides that I did greet and compliment the parents that were here and I can tell that they were happy by their face and that made me feel so good. I didn't get to do the other stuff I planned to do because it didn't happen yet. Like Ramadan

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still waiting on that and Eid too. And remember kindness is not about what you do, it is about who you are.

Kindness is like watching the sun being able to shine after a rainy day. If you can change someone's day or mood why won't you want to. It is like a really special language anyone can understand, hear and see like the deaf and the blind. When you're kind you are your sweet so why not sprinkle it everywhere? I know it took a long time to say this but I have learned that kindness is any size. Whether it is small or big you are still spreading kindness. I have also learned about SOCKTOBER and how it is also spreading kindness to the homeless, orphans and more people. It doesn't matter how old or young you are. Kindness is like a gift you don't have to pay money for. Everyone can afford to give it. It is like that one quote I always hear, "If you see someone without a smile give them yours!" All I have to say is make sure you have 2 smiles just in case. Kindness is something I will do everyday and continue to do.

Glossary

Inshallah- Gods Will

Ramadan- Month of Fasting

Zakat- Charity

Eid- End of Ramadan Celebration.